

YOUTH180

2021 IMPACT REPORT





Dear Friends of Youth180,

In 2021, our community continued to endure the effects of COVID. While no community or person has been spared by the devastating impact of COVID, no one has felt the devastation more than our neighbors crippled by poverty. These neighbors make up nearly 90% of the clients we served through 537 hours of counseling in 2021.

We believe every person deserves access to high quality substance misuse treatment and mental health care regardless of their ability to pay. Through the support of our generous donors, we have not turned anyone away from accessing our services, even through unprecedented demand. Additionally, our staff has been able to attend top notch trainings to ensure they are equipped with the most current and effective modes of treatment available.

Our Prevention Program continues to embed educational services into North Texas communities through new and sustained partnerships with schools, recreation centers, housing authorities, and after-school programs. These programs are vital to ensuring families have access to the resources needed to create resiliency. Our Prevention Specialists remained both dedicated and resilient as we shifted towards virtual education, ensuring that our neighbors in need continue to receive the same quality of support.

This year, we are committed to building upon our foundation and spurring growth. We aim to spread awareness through informational open houses and a signature event. And as we think forward to the future, we'll embark on a strategic plan that ensures our agency's resources and efforts are aligned with our community's needs. Most importantly, with the understanding that it takes a village to create lasting change, we plan to strengthen and enhance our network of collaborative partners to create a thriving and resilient community for all.

I hope this annual report speaks to the impact we've had on the community we serve. From the bottom of my heart, thank you for joining us to ensure that all youth receive the care they need and all families are supported through their journeys, regardless of where they came from.

Gratefully,



Keri Stitt
President and Chief Executive Officer

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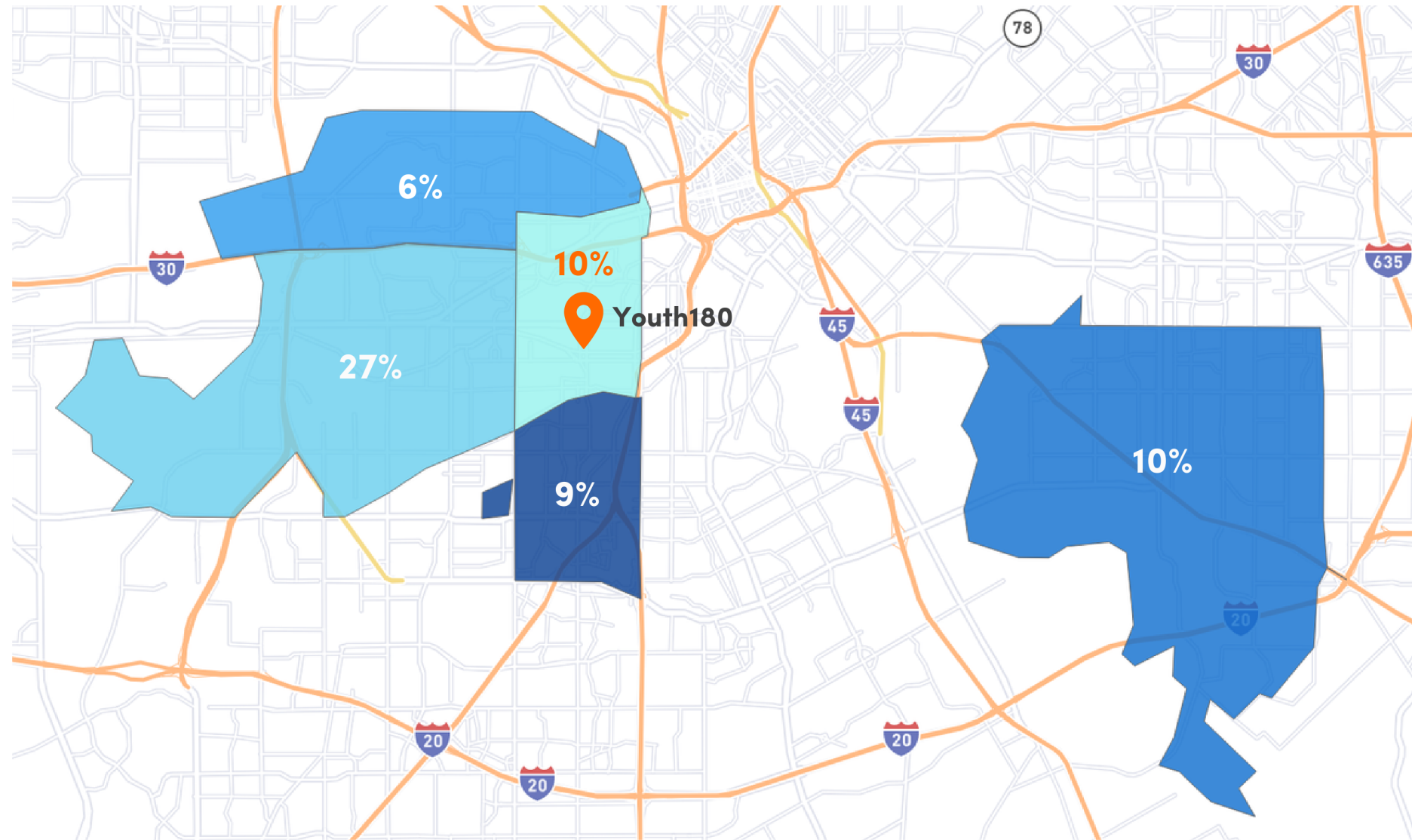
A.D. Jenkins

Chris Cassidy

Together we
strive to promote
resiliency for
youth and their
families,
empowering them
on the path to a
healthy and
productive life.

SERVING OUR NEIGHBORS

Over half of the families served by Youth180 Clinical Services are from areas of Dallas shown to have some of the highest community needs.



INCREASING ACCESS

From beginning to end, we address the most common barriers to receiving care.

Overcoming Language Barriers

63% of Youth180 clients and families are Hispanic and/or Latino. Our program services are offered in both English and Spanish, from program inquiry to follow-up support.

Culturally Competent Care

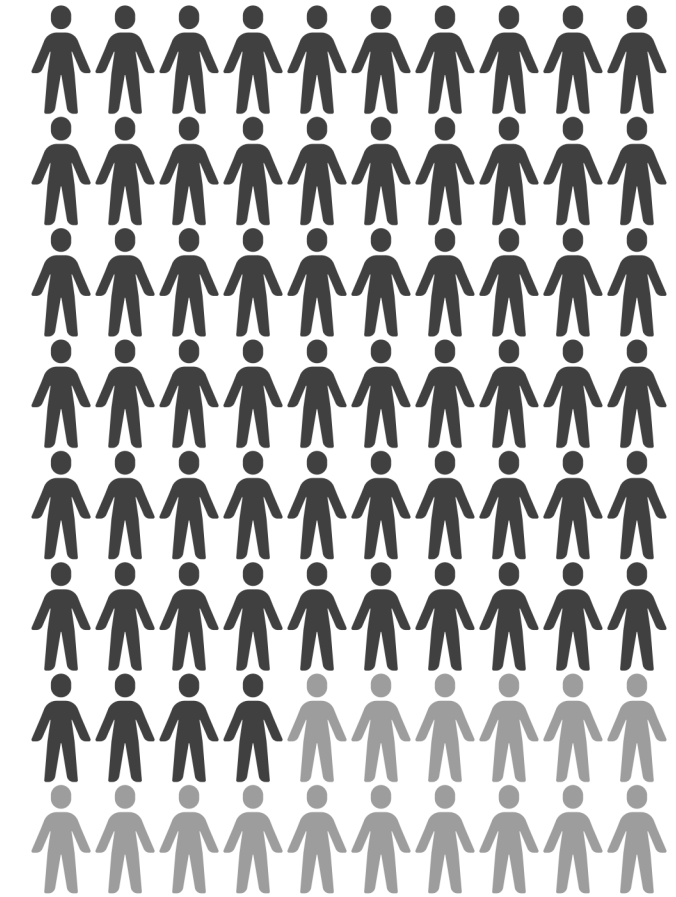
75% of licensed counselors on staff are Hispanic and/or Latino and as a result, understand the cultural nuances of client families.

Affordable Services for All

57% of families served by Youth180 live below the federal poverty level. While we accept Medicaid, we also ensure that uninsured clients can access our services affordably and nobody is denied due to costs.

Telehealth and After-Hours Care

We work with the schedules of families. Over a third of clinical services are provided virtually and 75% of services take place after 4 pm.



80% of youth in our care have self-identified as

a victim of a crime.

"Even though I still struggle with my use, I feel like I understand my feelings a lot more. I feel more prepared to manage my feelings with other things besides smoking."

Teen in Youth180 Treatment



564 prevention presentations shared with youth and their families

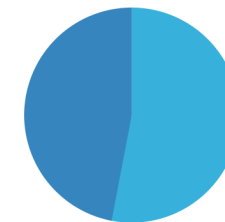


537 hours of counseling services provided

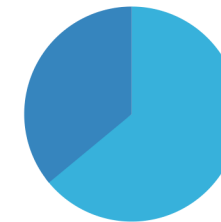


4,645 young people received education and support

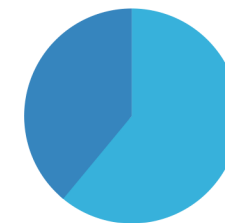
After leaving Youth180 clinical services,



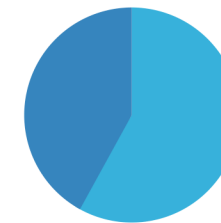
53% of youth reduced or eliminated their substance use.



64% of youth showed lesser symptoms of PTSD.



61% of youth showed lesser symptoms of anxiety.



58% of youth showed lesser symptoms of depression.



BUILDING RESILIENT FAMILIES

"We discovered that [our daughter] had some anxious symptoms. When the big transition came for her 5th grade year, those symptoms multiplied. She was scared to go to school. She needed help. We needed help. We reached out to Youth180. She's received some amazing services and skills and she's no longer scared to go to school. She shows up. She's excited. She's more confident. The girl sitting in front of me now versus prior to services is almost like night and day difference in her."

Mother in Youth180 Services

A SAFE SPACE FOR HEALING

What does it mean to be trauma-responsive? We invest in building a positive working environment for our team. 92% of Youth180 staff report positive working relationships their coworkers and 94% of Youth180 staff report satisfaction in their current role. In turn, this creates a safe and positive space for each child who enters our doors.



"I feel like we make a difference when we show up and we're there no matter what. We'll show up for you and manage this together."

Viviana Triana, LCSW-S
Clinical Director



"I love being able to speak to kids and adults about good news. You don't have to take a negative route and there is always a way out of a situation."

Karen Mwaura
Prevention Specialist



"For them to feel comfortable being honest because they don't feel like they're going to get berated, those are such huge signs of progress for their individual development."

Genesis Morales, LPC
Recovery Support Coordinator



"I'm passionate about being a part of the community and how we can make it better for future generations."

Heather Gurrola
Prevention Specialist



"The support comes from our teammates, our supervisors, our directors, our CEO and our Board. Because they give us the tools we need, we are able to accomplish so many things."

Coco Green
Prevention Specialist



"I'm excited to see smiling faces and make a difference in lives, to be a listening ear, and to help youth feel that they matter."

Laura Mendoza
Prevention Specialist



"We want to teach our clients to ask for help when they are struggling. We plant seeds in our field and we're passing it along to the next person who can be part of their journey."

Mary Anne Wenceslao,
LMSW, LCDC
Licensed Counselor



"I'm excited about seeing the change in the lives of families that we serve and giving students the ability to find their voice and see their value and self-worth."

Robert Brown
Prevention Specialist

GROWING COMMUNITY

We create change with our community partners by identifying families in need.

All Things Made New
Bland ISD
Capella University
Cedar Hill ISD
Children's Medical Center
Commerce MS
Cristo Rey Preparatory
Dallas County Juvenile
Department
Dallas Housing Authority
Dallas ISD
Duncanville ISD
Ebby's House
Family Gateway
Genesis Women's Shelter
Grand Prairie ISD
Green Oaks
Hunt County Meeting
Irving ISD
Jonathan's Place

Lancaster ISD
Lone Oak ISD
Mesquite ISD
Momentous Institute
Mosaic Family Services
O.N.C.E. Meeting
Our Friend's Place
Phoenix House
Quinlan ISD
Rockwall ISD
Royse City ISD
Scurry-Rosser ISD
Texas Can Academy
The Brand New
The Phoenix
Royse City ISD
Shoreline City Church
Scurry-Rosser ISD
Texas Can Academy
The Brand New

The Phoenix
TNT Coalition Meeting
Traffick911
Uplift Academy
UT Arlington
UT Southwestern Medical Center



"You helped me
with my life."

Former Youth180 Program Student

THANK YOU TO OUR SUPPORTERS

We are so grateful for our supporters who are vital to the mission and work of Youth180. We recognize the contributions of individuals and foundations who made a gift from September 1, 2020 to August 31, 2021.

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Virginia Martin*
Viviana Triana
W.P. & Bulah Luse Foundation*
William Shamburger*

*Annual contribution \$500 or above.

YOUTH180

www.youth180tx.org

201 South Tyler Street
Dallas, TX 75208

If you or a family member is in
need of help, reach out to a
member of our clinical team:

(214) 942-5166 | info@youth180tx.org

